

HERE FOR YOUR SUCCESS



SIGNATURE SUPERVISION FOR CNS CANDIDATES



**CLINICIAN'S
INCUBATOR**



CLINICIAN'S
INCUBATOR

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OUR PROMISE TO YOU

Here's the deal. We have been through what you are facing. It can be tough, but you got this. We can help.

We design our programs intentionally - with the goal to help people not only get their hours, but do everything else required to get their CNS certification and make nutrition their career.

This isn't a "check the boxes" type of program. As you'll see, we work hard to provide lots of support, and genuinely love to work with you!

Liz Abel, Alyson Roux, &
Meg Bowman



CLINICIAN'S
INCUBATOR

Mission

Clinician's Incubator is committed to preparing CNS candidates to practice science-based personalized nutrition therapy in the functional medicine model.

We strive to ensure CNS candidates have a successful Supervised Practice Experience (SPE) by providing frequent, high-touch, collaborative supervision and programming designed to maximize self exploration and growth.

Through our commitment to scientific standards, excellence in behavior change, and a trauma-informed lens, CNS candidates learn how to safely and successfully support client health outcomes.



Signature Supervision

OVERVIEW

SIGNATURE SUPERVISION PROGRAM

WHAT'S INCLUDED?



On-demand 1:1 Individual and Small Group Clinical Supervision so that you can get help with client questions right when you need it.



Monthly Client Case Studies + a live Condition-Specific Group Supervision session to help you master the "how" of nutrition practice (school already taught the "what").



Live Shadowing Opportunities - watch us working with clients or view the extensive bank of recorded client sessions.



1:1 Onboarding and Orientation Meetings (4) with a supervisor where you'll finalize BCNS paperwork, and then create a written plan to get your CNS.



Practice Incubator + Practice Incubator Live - an online library of practice building resources plus a monthly online practice growth coaching session



Grand Rounds - Two sessions/month focus on client case review, one session/month focuses on functional lab interpretation, one session/month focuses on behavior change skills



Client placement opportunities, so you can accrue direct hours. Currently placing with two non-profit organizations.



A comprehensive CNS test prep program with live proctored exam that starts three months before every exam

M	T	W	T	F
Client Case Studies Module Opens	Grand Rounds	Live Shadowing Opportunity	Small Group Clinical Rounds	
Functional Assessment Rounds	Quarterly Community Social	Behavior Change Rounds	Test Prep (seasonal)	1:1 Individual Supervision
Live Shadowing Opportunity	Small Group Clinical Rounds	Practice Incubator Live	Test Prep (seasonal)	
Live Tracker Support	Grand Rounds	1:1 Individual Supervision	Test Prep (seasonal)	Condition Specific Group Supervision

Calendar Key:

- Orange Boxes = Core Programming
- White Boxes = Skill Development Programming

Frequently Asked Questions:

Is the schedule flexible?

Yes! You'll be invited to book 1:1 Individual Supervision, Small Group Supervision, and Condition-Specific Supervision sessions yourself, so you can always ensure they will match your schedule. We do have both daytime and evening hours and have historically been able to accommodate candidates that live internationally.

For some of the Skill Development Programming (Shadowing, Test Prep) If you can't come live, you can always watch later.

Do I need to come to everything?

Nope! Prioritize the Core Programming shown above in orange blocks, as that is needed to get your CNS. Anything labeled in a white box is considered Skill Development Programming and we don't take attendance. Come to what makes sense for you.



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Watch us work with clients

Each month you'll have opportunities to watch an experienced supervisor work with clients and track the hours as observational.

Can't make it live? We have an extensive bank of recorded sessions (we mean EXTENSIVE), so you can get observational hours at a time that is convenient for you.



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Need client placements? Work with a partner organization

We have partnerships with two non-profit organizations where we can place 1:1 clients directly with you. You can also participate in meal support for clients on days/times that work for your schedule.



Signature Supervision

CORE PROGRAMMING



Everyone Needs a Plan

WE DO ALL ONBOARDING AND ORIENTATION ACTIVITIES 1:1 SO YOU CAN GET THE CARE AND ATTENTION YOU NEED.

After enrollment, you'll meet with a dedicated CNS supervisor to complete all the requirements for BCNS. Don't know what those are? We got you - we'll walk you through it step by step.

Next, you'll meet to develop a written plan for how you are going to get your hours, and how you are going to meet the competencies. The supervisor will also help you select the bonus programming that makes sense for your goals.

We also meet with you twice once your plan is complete - so we can support you in implementing the plan, and shifting gears when necessary.

Monthly Supervision

Individual 1:1 Supervision

In your 30-minute personal supervision sessions you can really dig in to the growing your skills with client work. Schedule a session after each client intake so you can get support with food or supplement protocols, labs and client behavior change. Book with any of our eight supervisors.

People tell us they adore small group supervision. Not only do you get to have a strategy session about a challenge you or your client is facing, you also get to listen in and support your peers with their challenges. Huge growth happens here. We keep groups small - so you are actively engaged.

Small Group Clinical Supervision

Condition- Specific Group Supervision

Once monthly we'll meet to go over any specific questions or challenges you have about the education module topic of the month (see the following page). Bring your questions, concerns, and client challenges related to that topic.

Client Case Studies & Condition-Specific Group Supervision

When you enter Signature Supervision, you'll get access to 12 education modules filled with helpful videos, handouts, and resources. We don't want to repeat school (and you don't need that), so our modules focus on "how" to apply what you've learned in school to client work.

- Mental Health Nutrition
- Eating Behavior
- Eating Disorders
- Stress Hormones
- Metabolic
- GI Module 1 (motility)
- Pregnancy and Lactation
- Thyroid
- GI Module 2 (Autoimmune)
- Sleep
- Pain and Inflammation
- Sex Hormones

Each month, we meet during Condition-Specific Group Supervision to discuss the case.

SIGNATURE
SUPERVISION





Signature Supervision

SKILL DEVELOPMENT PROGRAMMING

Monthly Grand Rounds

Grand Rounds

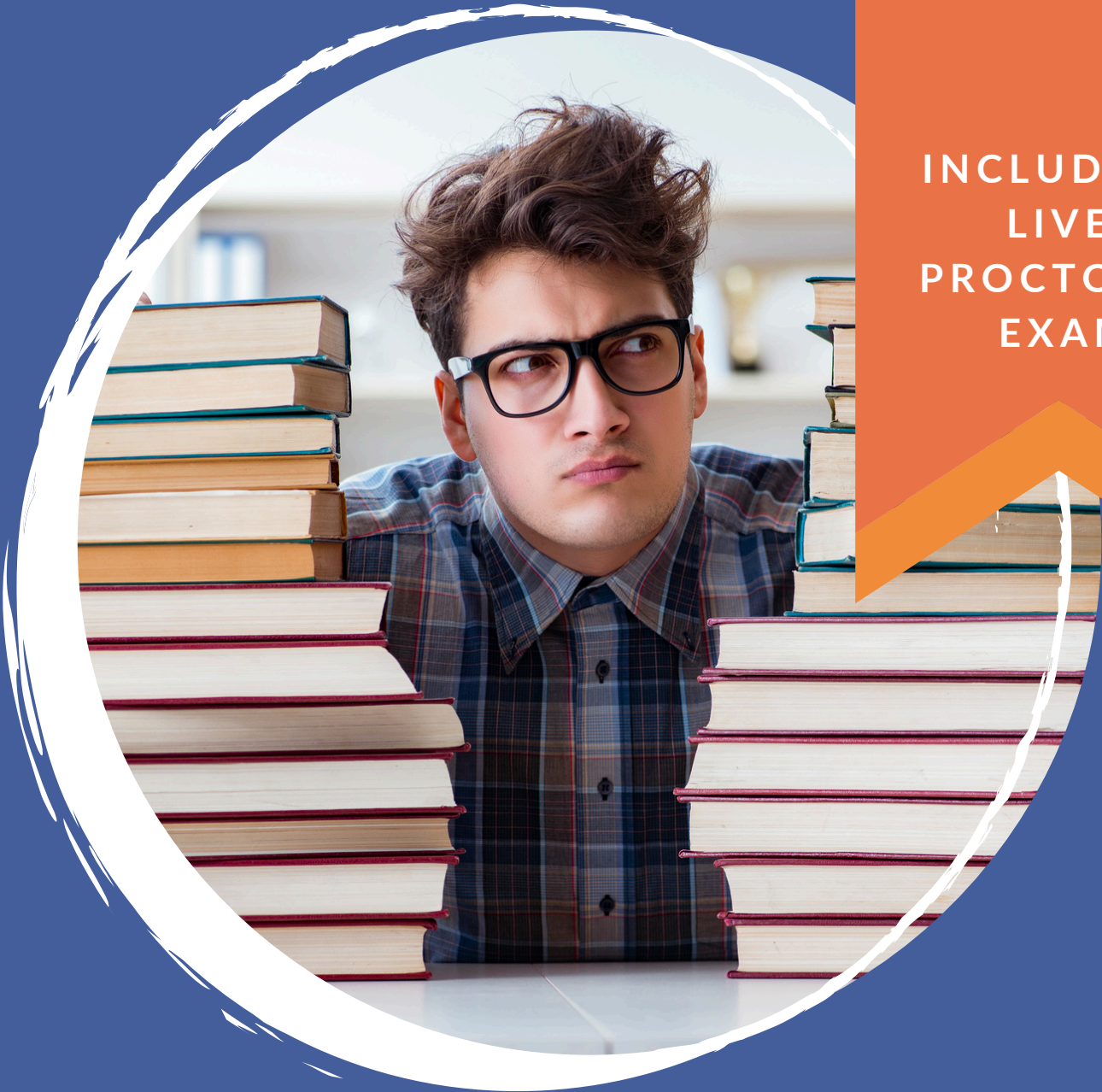
Twice a month, we gather as a community for Grand Rounds. Led by a supervisor, candidates can present cases and receive feedback and recommendations. If time permits, we develop condition-specific protocols.

Led by a CNS supervisor, this monthly gathering is focused on lab interpretation of both functional and conventional testing, using the functional medicine model. Get an overview of a specific test, then bring your lab interpretation cases for support.

Functional Assessment Rounds

Behavior Change Rounds

Led by a national board certified health coach/CNS supervisor, behavior change rounds focuses on understanding decisional balance, learning motivational interviewing skills, and mastering client behavior change.



INCLUDES A
LIVE,
PROCTORED
EXAM

Tests aren't fun

But they feel much less scary when you prepare as a team!

Prior to every CNS exam, we host a series of more than 12 live workshops to help prepare you for the exam. We'll review how to conquer tough questions, and dig into different subject matter areas to help you feel prepared. Don't forget to do a practice run-through with our live proctored sample test!

Practice Incubator

FREE WITH ENROLLMENT

Ready to launch your private practice?

With Practice Incubator, you can access a comprehensive online library of educational videos, handouts, and resources to help you launch your own private practice. Our carefully curated content **covers every aspect of establishing and running a successful practice, from legal and financial considerations to marketing and client management.**

Our goal is to empower you with the knowledge and tools you need to confidently navigate the path to building your thriving private practice, turning your aspirations into a reality while relieving the uncertainties that can accompany such a significant career step.

WHAT YOU GET:

- Interviews with a lawyer
- Interviews with an accountant
- Lab request letter for physician
- Training on how to navigate supplements and labs

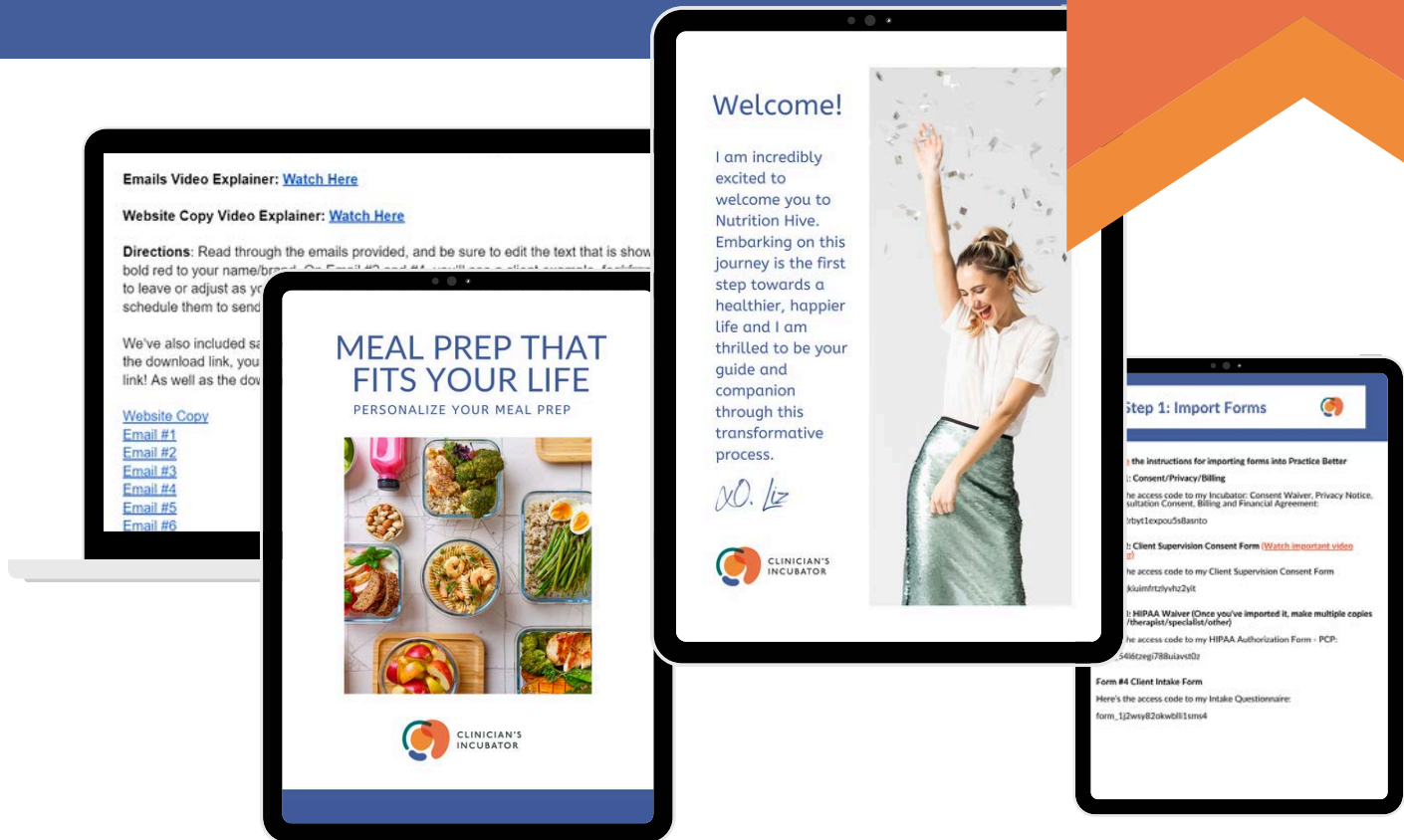
AND MORE:

- How to network effectively to build your referral sources
- How to organize your clinical information
- Office policies

And, we include monthly live business growth coaching!

Marketing materials

FREE WITH ENROLLMENT



WHAT YOU GET:

Fully customizable Canva Templates:

- Lead magnet
- Email nurture campaign
- Client onboarding communication program
- All the client forms and notes you'll need, including:
 - Client forms
 - Care coordination forms
 - SOAP note template

A woman with curly hair is smiling and looking at a laptop screen. The background is a blurred office setting.

Get help tracking your hours

After enrollment, we provide comprehensive training on how to track your hours using the tool we provide.

Then we provide monthly live tracking support so you can get the help you need if you can't figure out how to count your hours.



MAKE LASTING CONNECTIONS

Quarterly Community Social

We know that getting your CNS can feel a little isolating. That's why we host quarterly community socials where you can get to know your peers, share your experiences, and build lasting connections. These social gatherings provide a welcoming and inclusive environment for CNS candidates to come together, unwind, and engage in meaningful conversations.

Annual Marketing Retreat

Each year, we gather in early December online to connect with each other and make a marketing plan for the next year. Alumni are welcome at this event!

Private Facebook Group

Exclusive to program participants and alumni, the Facebook group is a great place to ask questions about resources and get support.

Ready to Learn More?

Sign up for a no-obligation 30-minute Zoom info session. We'll talk about your goals, give you a tour of the program, and answer any questions you have.

[Schedule an info session](#)

WHAT PEOPLE SAY ...

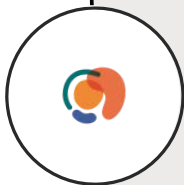


“This is WAY more helpful than graduate school.”

Laurie P.

“I wish I’d signed up ages ago. I feel so supported.”

Jamie K.



“I couldn’t have gotten my CNS without them.”

Lindsey B.

Signature Supervision Investment

Use Affirm to divide payments into 6, 12, or 24 months starting at

\$225
per month

With Affirm, you can choose to divide your enrollment fee for the 12-month Signature Supervision program into 6, 12, or 24 monthly payments with zero interest.

Just imagine where you'll be after a year of coaching, support, and resources.

APPLY NOW

1

STEP ONE: Schedule an Info Session

Make an info session appointment - we want to make sure you have all your questions answered before you take the time (and effort) to apply.

2

STEP TWO: Submit Application Materials

Once you've had the info session, we'll send you a link to submit your application materials. We ask for a resume, a copy of your transcript (unofficial is fine) and a brief statement about your interests and goals in nutrition.

3

STEP THREE: Application Interview

Have your application interview over zoom with one of our supervisors. Ask any last-minute questions you have. That's it! You're done!





Nested Health Coach Certification

MASTER ROOT CAUSE BEHAVIOR
CHANGE COACHING

YOU ALREADY KNOW HOW TO GET TO THE ROOT CAUSE WITH NUTRITION.

But have you mastered the art of getting clients to actually make the changes that they need to get well?



Nested Health Coach Certification is 100% dedicated toward mastering the critical behavior change skills you need to support your client in regaining their health.

Far from being a “nutritionist-lite” type program, Nested teaches behavior change through a root cause lens, enabling you to always know exactly what to do in a client session.

If you’re looking for a way to **get rock star confident** in your ability to get a client where they need to go, look no further.

Nested Health Coach Certification will provide the skills you need.



What makes us unique?



Finish in 12 Weeks

Learn the material, and apply it to your practice in **just 12 weeks**.



Open to Providers

Exclusive to therapy, nutrition, and other healthcare providers and providers-in-training so you will **learn with peers**.



100% Live Delivery

This course is delivered 100% live, which means **no homework** and **no watching hours of videos on your own**.



Live Feedback

We provide **twice the amount of live faculty feedback required** by the NBHWC board so you can get rock-star confident with your skills



Clients Provided

To get the faculty feedback described above, you'll need clients. **We provide them!**



CEUs Available

75 CEUs are available for 14 different healthcare professions including nutrition, therapy, and allied health.



Turnkey Launch Support

We include a fully customizable **client lead magnet, client onboarding program + 6 email nurture campaign** as well as all the forms and notes you'll need.



Get the Nested Nutrition for Mental Health online course, a \$2,995 value, FREE with Nested Health Coach Certification enrollment.

The course is segmented into 1-2 hour modules and also includes client handouts with each module:

- Intro to Functional Nutrition
- Nutrition for Neurotransmitters
- Nutrition for Inflammation
- Nutrition for the Gut-Brain Axis
- Nutrition for Stress Hormones
- Nutrition for Trauma
- Planning Meals for Mental Health
- 100+ Client Interaction Worksheets
- 20 Recipe Packs

Nested + Signature Supervision

Match root cause nutrition with root cause behavior change and skyrocket your career. Use the “Incubator Bundle” to get 12 months of Signature Supervision plus our 12-week Nested Health Coach Certification.

Since you’re signing up for both programs, **we’ll include an 15% discount** - we’ll give you the special code to use to enroll in your application session.

Use Affirm to divide payments into 6, 12, or 24 months starting at

\$383
per month



CLINICIAN'S
INCUBATOR

LET'S STAY IN TOUCH!

We'd love to hear from you. Have questions? We got answers.

Shoot us an email at info@cliniciansincubator.com and we'll get back with you shortly!

Next Steps:

[Sign up for an info session here](#)

Email: info@cliniciansincubator.com

Website: cliniciansincubator.com



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